

# Nutriway Product Guide

By: Dipak & Megha, Melbourne, Australia  
(Pharmacist & Health expert)

# The Essentials

- **Double X**
- **All plant protein powder**
- **Milk Thistle & Dandelion**
- **Vit C Extended release**
- **Parseelenium E**

# Tired & Exhausted

- **Double X**
- **Milk thistle & Dandelion**
- **All Plant Protein Powder**
- **Milk Thistle & Dandelion**
- **Ironix**
- **Siberian Ginseng & Ginkgo Biloba**

# Hay Fever & Allergies

- **Vit C Extended release**
- **Garlic Heart Care**

# Arthritis & Joint Health

- Omega 3
- Glucosamine HCL with Boswellia
- Double X

# Beauty from within (Skin Health)

- **Complex for Hair, Skin & Nails**
- **Concentrated Fruits & Veg**
- **All Plant Protein powder**
- **Parseelenium E**

# Breast Feeding

- **Double X**
- **Cal Mag D**
- **Tri Folic Iron**
- **Omega 3**

# Cholesterol Health

- Cholesterol Health Tablet
- Garlic Heart Care
- Omega 3 complex
- Fibre Blend Chewables



# Cold & Flu

- **Triple Shield Echinacea**
- **Garlic Heart Care**
- **Vit C extended Release**

# Diets & Weight Loss

- **BodyKey System**
- **Milk Thistle & Dandelion**
- **Trim Choice**
- **Card Blocker plus**

# Endurance & Stamina

- **Siberian Ginseng and Ginkgo Biloba**
- **Double X**
- **Rhodiola energy**

# Eye Health

- **Bilberry and Lutein**
- **Concentrated Fruits & Veg**
- **Omega 3 complex**

# Digestion

- **Fibre blend chewables**
- **Milk Thistle and Dandelion**
- **Double X**

# Heart Health & Circulation

- **Omega 3 Complex**
- **Cholesterol Health**
- **Garlic Heart Care**
- **Concentrated Fruits & Veg**

# Immune System

- **Triple Shield Echinacea**
- **Garlic Heart Care**
- **Vit C extended Release**
- **All plant Protein powder**
- **Double X**

# Memory support

- **Omega 3 complex**
- **Siberian Ginseng and Ginkgo Biloba blend**
- **Ginkgo Biloba and DHA blend**



# Menopause

- **Vitamin B complex**
- **Cal Mag D**
- **Black Cohosh & Soy**

# Liver Health

- **Milk Thistle & Dandelion**
- **Double X**
- **All Plant protein powder**

# Osteoporosis & Bone Health

- Cal Mag D
- Double X
- Omega 3 complex

# Premenstrual syndrome (PMS)

- **Primrose plus**
- **Vitamin B complex**
- **All Plant protein powder**

# Pregnancy or Planning a pregnancy

- **Double X**
- **Cal Mag D**
- **Omega 3 complex**
- **Tri Iron Folic**

# Prostate Health

- **Saw Palmetto and Nettle Root Blend**
- **Double X**

# Smoking

- **Double x**
- **Vit C extended release**
- **Parseelenium E**
- **Concentrated Fruits & Veg**

# Drinking

- **Double x**
- **Milk Thistle & Dandelion**
- **Concentrated Fruits & Veg**
- **Vit C extended release**



# Kids

- **Kids Multivitamins chewable**
- **Kids Vit C chewable**
- **Protein Powder (All Plant/Berry)**